LSR Bairns & Lassies Sunday Afternoon
5th December 2021
Final Bulletin

LSR
Midlothian Snowsports Centre
Hillend, Near Edinburgh
Midlothian EH10 7DU

DATE
Sunday 5th December

START TIME
The Centre will open to racers at 1PM on Sunday5th December 2021
Full timings are at the end of the bulletin, please check for your bib collection and race times.

ACCEPTANCE
This is an unseeded race acceptance lists for both age groups are already published on GBski.
109 racers accepted subject to entry fee being paid.

HELPERS
REMEMBER WE NEED HELPERS. WITHOUT ENOUGH HELPERS THE RACES CANNOT BE RUN. Helpers will be notified of their role, separately by Chief of Race, Stewart Spence.

PLEASE NOTE PARENTS OR CARERS MUST NOT BE IN THE VICINITY OF THE START BOX AT ANY TIME AND ARE NOT PERMITTED TO SPECTATE ANY FURTHER UP THE HILL THAN FIRST RED - THERE ARE COACHES PRESENT TO HELP ANY COMPETITOR WHO REQUIRES IT

INSURANCE
All Racers must be insured for third party liability cover for competition. Membership of a registered Ski Club affiliated to Snowsport Scotland will provide this cover.
www.snowsportscotland.co.uk
ALL U10 and U12 CHILDREN SHOULD BRING PROOF OF CLUB MEMBERSHIP ON RACE DAY; alternatively, those without such proof of membership MUST purchase third party liability insurance at Bib Collection on Race Day – cost £4. Please note that LSR Club Trainees Under 12 yrs are insured.

RACE FORMAT
All racers will start from the top start box. The format of the race is proposed to be two "turny" GS runs on the same course for all racers using the same GS gates. U12s and younger will be fastest of two runs. U14s and above will be combined times of the two runs.

RUNNING ORDER
Running order will be U14s and above, mixed male/female as per the start list in bib order Run 1, then Minis mixed Run 1 and Run 2 as per their start list and they will remain in bib order for both runs. Then U14s mixed Run 2, this will be redrawn in time order from Run 1. Slowest first.
NOTE: All racers will complete 2 runs irrespective of whether they have DSQ'd or DNF'd the first run.

COURSE INSPECTION
Course inspection with be from top to bottom, bibs must be worn throughout. Competitors must not ski the course at any time during inspection.

FIRST AID
A first aid service will be provided by Midlothian Snowsport Centre. The first aid room is situated on the ground floor of the cafe building.

EQUIPMENT, HEALTH AND SAFETY
Racers' skis must be fitted with operational ski brakes and poles must comply with rule 222.7.2 (the tip diameter must be at least 15mm either by fitting a stopper or any alteration to increase the tip diameter to at least 15mm)

HELMETS
Helmets for all disciplines are mandatory.
ANY COACHES, HELPERS OR ANYONE WEARING SKIS ON THE SLOPE MUST WEAR A HELMET

DISQUALIFICATIONS AND PROTESTS
Disqualifications will be posted in the cafe window following the jury meeting . This will be at the end of the completed race. Racers will have 15 minutes from the time of protocol being posted

to protesting against the disqualification. Each protest (which should be made to the referee) should be in writing accompanied by a deposit of £25 which will be forfeited in the event of such protest not being upheld by the Jury.

PUBLICITY AND PROMOTION
Photographers and videoographers may be present at the event. Images taken as the event may be used for the purpose of promotion or publicity of our sport. LSR cannot actively police all potential images taken at an open sporting event, however if you wish to opt out of any official imagery please email race@lothianskiracing.co.uk

OFFICIALS
All officials as contacted by Chief of Race should meet in the large meeting room under the cafe at 1pm sharp.

PRIZES
Prizes are provided by Lothian Ski Racing

CHIEF OF RACE	RACE SECRETARY	Child Protection Officer
Stewart Spence	Lynley Seaton race@lothianskiracing.co.uk	Stewart Spence

PLEASE REMEMBER THIS RACE IS BEING RUN UNDER STANDARD SCOTTISH GOVERNMENT COVID PROTOCOLS AS WELL AS ANY ADDITIONAL MEASURES BY MIDLOTHIAN COUNCIL.
PLEASE RESPECT THE RULES AND WEAR A MASK IN ALL INDOOR AREAS - INCLUDING THE TOILETS.

START TIME AND PROGRAMME

1pm - 1.20pm - Bib collection for all racers will be under the cafe - REMEMBER WE STILL HAVE COVID PROTOCOLS SO LIMIT THE NUMBER AND WEAR A MASK - IF BUSY WAIT OUTSIDE

1pm Warm up on the tow slope - please use both tows

1.35pm Course inspection for all racers

1.55pm U14 and above forerunners

2.05pm Start U14 and above race

3pm Start Minis Race - 2 continuous runs

4.30pm Start Run 2 U14 and above

5.15pm Race finishes

5.30pm protocol published

6pm Results finalised

6.15pm Prize giving

PLEASE NOTE: ALL RACERS CAN WARM UP ON THE TOW SLOPE FROM 1PM - MAIN SLOPE IS FOR RACE ONLY

Hillend are running a ski school on the day, finishing at 1pm. Please be courteous to those leaving the slope and bibs must be worn at all times.